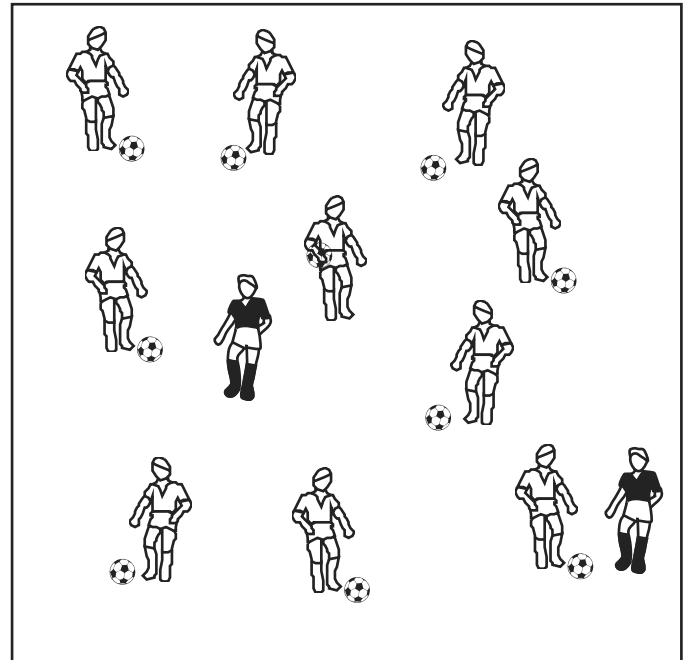
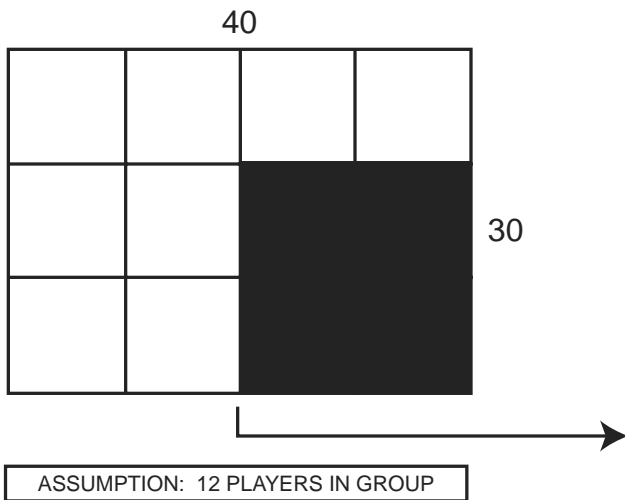


The Big Bad Wolf & The Little Piggies



Purpose

To develop close control, shielding & turning in a confined area.

Organization

Set out a 20 x 20 yard area. 10 Light player •piggiesŽ have a ball and 2 Dark player •big bad wolvesŽ players do not have a ball.

Game Objective

The Light players must dribble around the area. The Dark players must attempt to kick the balls out of the area. Once a Light player has lost his ball or has dribbled outside the area, he must bring it back into the area and stand with the ball above his head with his legs apart in a stationary position. Light players are released only when a Light teammate dribbles his ball through their legs. Once released, players return to the game.

Story

The •big bad wolfŽ will huff and puff and he•ll blow your house down.

Key Coaching Points

1. Use your speed and change of direction to evade the •big bad wolf.Ž
2. Use your body to shield the ball from the •big bad wolf.Ž

